



COMMISSION ON HIGHER EDUCATION

## REGIONAL OFFICE I

May 9, 2023

**CHEDRO1 REGIONAL MEMORANDUM  
NO. 05, Series of 2023**

**TRAINING OF TRAINERS ON THE UNIVERSAL PREVENTION CURRICULUM (UPC)  
CURRICULUM 5: SCHOOL-BASED PREVENTION INTERVENTIONS FOR GUIDANCE  
COUNSELORS OF HIGHER EDUCATION**

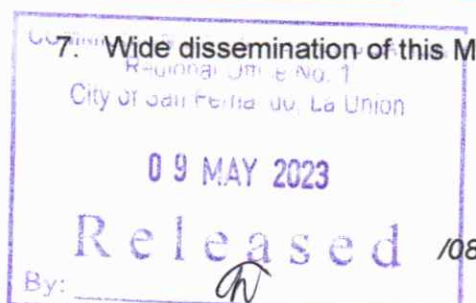
TO: **PRESIDENTS/HEADS**  
Higher Education Institutions  
Region 1

1. As part of our strong commitment to the promotion of a drug-free academic community, this Office in partnership with the Dangerous Drugs Board (DDB) will conduct the **Training of Trainers on the Universal Prevention Curriculum (UPC) Curriculum 5: School-based Prevention Interventions for Guidance Counselors of Higher Education in Region 1 on May 30-June 1, 2023, at Vigan City, Ilocos Sur** (Specific venue to be announced later).
2. This activity aims to train the Guidance Counselors on the overview of the school in society, the science behind school-based prevention interventions, and the application of such evidence-based approaches in school settings.
3. Participants in the aforementioned training are the following:
  - a) Guidance Counselors who have completed Curriculum 1 are obliged to complete Curriculum 5. (Refer to List A)
  - b) Two Guidance Counselors each from State Universities and Colleges (SUCs) and Local Universities and Colleges (LUCs), that have not yet undergone the said training. (Refer to List B)
  - c) One Guidance Counselor each from the private HEIs that have not yet undergone the said training. (Refer to List C)
4. Participation in the said activity is **FREE** including the meals and accommodation of the participants. However, travel expenses shall be shouldered by their respective HEIs.
5. The attendees are requested to confirm their participation in the activity by registering at the link, <https://bit.ly/UPC5-BATCH2> or by scanning the QR Code below:



6. For inquiries and other related concerns, please contact Dr. Myrelle Faith D. Mina, Education Supervisor II, at this office, at cellphone no. 09175781134 or email her at [chedro1@ched.gov.ph](mailto:chedro1@ched.gov.ph), cc: [mfmina@ched.gov.ph](mailto:mfmina@ched.gov.ph).

7. Wide dissemination of this Memorandum is desired.



*[Signature]*  
**DANILO B. BOSE, PhD**  
OIC Director IV



COMMISSION ON HIGHER EDUCATION

## REGIONAL OFFICE I

### LIST A

Name of HEI	Name of Guidance Counselor/Personnel
BAYAMBANG POLYTECHNIC COLLEGE	1. JEFFREY U. FERRER
CICOSAT COLLEGES, INC.	2. BLESSIE P. VILLANUEVA
COLEGIO SAN JOSE DE ALAMINOS	3. PEACHY MIAN B. FERNANDEZ
DATA CENTER COLLEGE OF THE PHILIPPINES OF LAOAG CITY	4. RONNIE N. ROMERO
DIVINE WORD COLLEGE OF LAOAG	5. GRISELDA I. PASCUA
LA UNION COLLEGES OF SCIENCE & TECHNOLOGY, INC.	6. JANET F. QUINONES
MALASIQUI AGNO VALLEY COLLEGE INC.	7. ANGELA RUTH P. FELICITAS
METRO-DAGUPAN COLLEGES	8. ANNE BERNADETTE F. GUBATAN
NICOSAT COLLEGES, INC	9. EDNA B. GATMEN
NORTHERN PHILIPPINES COLLEGE FOR MARITIME, SCIENCE, AND TECHNOLOGY	10. ERICA G. GAPUZ
OSIAS EDUCATIONAL FOUNDATION	11. FEBBIE MAY H. MARZAN
PANGASINAN MERCHANT MARINE ACADEMY	12. GILLE, LEE ANN ALEXANDRE C.
PERPETUAL HELP COLLEGE OF PANGASINAN	13. RHAL SHANE U. NAVARRO
PHILIPPINE COLLEGE OF SCIENCE AND TECHNOLOGY	14. GARCIA, DULCE LAGAHIT
PHINMA UPANG	15. REGINE B. LOPEZ
POLYTECHNIC COLLEGE OF LA UNION (PCLU), INC.	16. DOLORES M. LOZANO
	17. RIZA ROSE R. AYAD
SEA AND SKY COLLEGE, INC	18. ISRAEL LAGON
ST. PAUL COLLEGE OF ILOCOS SUR	19. DAHLIA CORAZON M. DABU
UNIVERSITY OF PANGASINAN	20. REYCELYN L. MAYLAS
WCC AERONAUTICAL AND TECHNOLOGICAL COLLEGE	21. HAZEL S. CAGUIN



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## REGIONAL OFFICE I

### LIST B

<b>Name of HEI</b>	<b>Name of Guidance Counselor/Personnel</b>
UNIVERSITY OF NORTHERN PHILIPPINES	1.
	2.
MARIANO MARCOS STATE UNIVERSITY	3.
	4.
DON MARIANO MARCOS MEMORIAL STATE UNIVERSITY	5.
	6.
ILOCOS SUR POLYTECHNIC STATE COLLEGE	7.
	8.
PANGASINAN STATE UNIVERSITY	9.
	10.
UNIVERSITY OF EASTERN PANGASINAN	11.
	12.
ILOCOS SUR COMMUNITY COLLEGE	13.
	14.
BINALATONGAN COMMUNITY COLLEGE	15.
	16.
URDANETA CITY UNIVERSITY	17.
	18.



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### LIST C

<b>Name of HEI</b>	<b>Name of Guidance Counselor/Personnel</b>
NORTHWESTERN UNIVERSITY	1.
UNIVERSITY OF LUZON	2.
SAINT LOUIS COLLEGE	3.
LORMA COLLEGES	4.
LYCEUM NORTHWESTERN UNIVERSITY	5.
VIRGEN MILAGROSA UNIVERSITY	6.
UNIVERSIDAD DE DAGUPAN	7.
DIVINE WORD COLLEGE OF LAOAG	8.
DIVINE WORD COLLEGE OF VIGAN	9.
NORTHERN CHRISTIAN COLLEGE	10.
UNION CHRISTIAN COLLEGE	11.
DATA CENTER COLLEGE OF THE PHILIPPINES OF LAOAG CITY, INC.	12.
OSIAS EDUCATIONAL FOUNDATION	13.
PANPACIFIC UNIVERSITY, INC.	14.
PIMSAT COLLEGES	15.